

Weekly Meal Menu - SC World Academy

	MON 14-May	TUE 15-May	WED 16-May	THU 17-May	FRI 18-May	SAT 19-May	SUN 20-May
B R E A K F A S T							
Cereal						Chocos	Flv. Cornflakes
Fruit	Water Melon	Cut Papaya	Banana	Musk Melon	Water Melon	Mix Fruit	Cut Papaya
Milk	Hot & Cold	Hot & cold	Hot & cold	Hot & cold	Cold Coffee	Hot & cold	Hot & cold
Bread	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**
Main Dish	Paneer Parantha	Oats, Rajma And Vegetables Sandwich	Stuffed Besan Chilla	Mutter Kulcha	Grilled Cheese S/W	Idly Vada Sambhar	Stuffed Parantha
Egg	Egg Bhurji	Veg.Poha	Fried Egg	Masala oats	Ommelete	Boiled egg	Ommelette (live)
L U N C H							
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dal	Rajma	Channa Dal	Dal Bukhara	Dal Dhaba	Arhar Dal	Kala Channa	Dal Makhani
Veg 1	Mix Veg	Rajsthani Gatta Curry	Palak Aloo	Soya Mutter	Nadroo Kofta Curry	Paneer Bhurji	Lauki Masala
Veg/Conti.	Mushroom Pasta(Wheat) Red Sc.	Paneer Steak In Devil Sauce	Bkd. English Veg.	Veg Rattatauli	Creamy Macroni with Vegetables	Veg Augretin	Veg. Lasangne
Curd/Soup	Curd	Kheera Raita	Curd	Boondi Raita	Curd	Boondi Raita	Mix Raita
Rice	Plain Rice	Jeera Rice	Plain Rice	Rice	Steam Rice	Steam Rice	Veg Biryani
Breads	Roti,Parantha,Msl Bread	Roti,Parantha,Hard Rolls	Roti,Parantha,Bread	Roti,Parantha,Cheese Gr. Bread	Roti,Parantha,Hard Rolls	Roti,Parantha,Msl Bread	Roti,Parantha,Focaccia
	Mix & Tomato Chutney	Mix& Green Chilly	Mix & Green Chutney	Mix & Garlic Red Chilly	Mix & Garlic Red Chilly	Mix & Salsa	Mix& Green Chilly
Dessert	Chocolate Ball		Ice cream		Pumpkin Choc. Palmier	Gulab Jamun	Fruit Cream
S N A C K S							
Snacks D/B	Mint Cucumber S/w	Carrot Muffin	Pop Corn	Tortillas	Samosa		
Snacks R/B	Mint Cucumber S/w	Carrot Muffin	Pop Corn	Tortillas	Samosa	Sandwich (live)	Gole Guppa,Papari Chat
Fruit	Banana	Apple	Cheeku	Banana	Apple	Mango	Water Melon
Refreshment	Tang Water	Nimbu Pani	Orange Glucon D	Nimbu Pani	Lemonade	Glucon D	Mint Nimbu Pani
D I N N E R							
Soup	Sweet Corn Soup	Cream of Broccoli	Veg Manchow	Noodle Soup	Brown Onion Soup	Hot & Sour Soup	Cream Of Tomato
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Salad 2	Sprout	Ceaser	Murmura	Three Beans Salad	Russian	Kimchi	Tossed
Dal	Black Masoor Dal	Yellow Moong Dal	Arhar Dal Hing Tadka	Lobhiya Dal	Urad Dal	Veg. Manchurian	Mix Dal
Veg 1	Bhindi Do Pyaza	Zafrani Malai Kofta	Shahi Paneer	Navratan Korma	Paneer Kurkuri	Veg.in Hot Garlic Sc.	Paneer Do Pyaja
Veg/Conti.	Chilly Gobhi (live)	Veg Speghitti (live)		Maxican Rice(live)		Hakka Noodles	
Non.Veg.			Chicken Biryani		Murg Saag Wala		Murg Rara
Rice	Plain Rice	Steam Rice	Veg Biryani	Rice	Veg Pu;lao	Steamed Rice,Fried Rice	Plain Rice
Breads	Roti,Parantha, Bread roll	Roti,Parantha, Gr.Bread	Roti,Parantha, Jeera Bread	Roti,Parantha, Hard Roll	Td.Roti,Naan, Jeera Bread	Roti,Dal Fry	Td.Roti,Naan, Jeera Bread
	Mix & Green Chutney	Mix& Green Chilly	Mix & Tomato Chutney	Mix & Garlic Red Chilly	Mix& Green Chilly	Mix& Hot Garlic Sc.	Mix& Green Chilly
Dessert	Ice cream	Rasmalai	Gui Cake	Mango Mouse	Bikaneri Burfi	Jam Swiss Roll	Pineapple Semolina Cake
*** Menu Subject to change according to the availability of seasonal vegetable & raw material							
Wbbj*	White Bread Butter Jam						
Bbbj**	Brown Bread Butter Jam						